The Securities and Exchange Commission has not necessarily reviewed the information in this filing and has not determined if it is accurate and complete.

The reader should not assume that the information is accurate and complete.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 **FORM 13F**

FORM 13F COVER PAGE

OMB APPROVAL	
OMB Number:	3235-0006
Expires:	Oct 31, 2018
Estimated average burden	
hours per response:	23.8

Report for the Cale	ndar Year or Quarter Ended: 06-30-2023
Check here if Amer	dment Amendment Number:
This Amendment (C	Check only one.): is a restatement.
`	adds new holdings entries.
Institutional Inves	tment Manager Filing this Report:
Name:	Symetra Financial CORP
Address:	777 108TH AVENUE NE
	BELLEVUE, WA 98004-5135
Form 13F File Number:	028-17231
the report is autho	vestment manager filing this report and the person by whom it is signed hereby represent that the person signing rized to submit it, that all information contained herein is true, correct and complete, and that it is understood that statements, schedules, lists, and tables, are considered integral parts of this form.
Person Signing this	Report on Behalf of Reporting Manager:
Name:	Jillian Jones
Title:	VP, Deputy Chief Accounting Officer
Phone:	425-256-5436
Signature, Place, a	and Date of Signing:
Jillian Jones	Bellevue, WA 08-11-2023
[Signat	
Report Type (Chec	ck only one.):
13F HOLDINGS	REPORT. (Check here if all holdings of this reporting manager are reported in this report.)
=	Check here if no holdings reported are in this report, and all holdings are reported by other reporting manager(s).)
13F COMBINAT	TION REPORT. (Check here if a portion of the holdings for this reporting manager are reported in this report and a portion other reporting manager(s).)
	agers Reporting for this Manager: tries in this list, omit this section.]
Form 13	F

Name

Symetra Investment Management Co.

File Number 028-20275